



icos
In-flight Catering



ICCS In-flight Catering offers a wide variety of international and tasteful regional meals.

Dare yourself to try our famous mexican favorites and allow our professional staff to assist you for any special request.





breakfast



ncs
In-flight Catering

Cereal & Milk

30g - Individual box.

Bagels or Croissants

2 pcs - Served with cream cheese, jam and butter.

Continental Breakfast

Each - Fruit, juice and toasts with butter and ham.

Bagel & Lox

1 bagel & 4 oz salmon - Bagel, salmon, cream cheese, egg, capers and pickles.

Clubhouse Sandwich

Each - Layered sandwich, with ham, bacon, cheese, tomato & lettuce. Served with side potato or pasta salad.

Omelets

3 eggs / 2 oz meat - Eggs with your choice of ham, sausage, bacon, spinach, mushrooms and cheese.

Eggs

3 eggs cooked at your choice with green or red sauce.

Burritos

3 pc - Filled with beef or chicken or eggs, beans, cheese and rice. Served with sauce.

Quesadillas

3 pc - Filled with cheese, beef or chicken.

breakfast





L u n c h

IGS
In-flight Catering

l u n c h



Box Lunch

1 Sandwich, fruit, vegetables or pasta salad and dessert.

Hot Box Lunch

6 oz meat - Beef, chicken or fish, fruit, vegetables or pasta salad and dessert.

Salmon Hot Box Lunch

6 oz salmon - Salmon, vegetables, smashed potatoes, mixed salad and dessert.





m e x i c a n



s p e c i a l t i e s



Tacos

3 pc - Chicken or beef, served with guacamole and sauce.

Stuffed Peppers

2 pc - Filled with cheese, served with rice, sauce and tortillas.

Chilaquiles

8 oz chips / 3 oz beans - Fried tortilla chips with red or green sauce, served with beans and rice.

Enchiladas

3 pc - Fried corn tortilla filled with chicken and covered with red or green sauce, served with rice and beans.

Beef Fajitas

6 oz meat – Grilled beef strips, peppers and onion; served with rice, guacamole and flour tortillas.

Chicken Fajitas

6 oz meat - Grilled chicken breast strips, peppers and onion; served with rice, guacamole and flour tortillas.

Tampiqueña Steak

6 oz meat - Grilled arrachera steak, served with sliced green peppers, rice, quesadilla, beans and tortillas.

m e x i c a n

s p e c i a l t i e s





s o u p s

S O U P S



Tortilla Soup

8 oz - Tomato and guajillo pepper soup; served with fresh white cheese, sour cream, avocado and fried tortilla strips.

Chicken Soup

8 oz - With vegetables and pasta.

Minestrone

8 oz - Chicken soup with vegetables and haricot beans.

from the sea



Jumbo Shrimp

4 pc - Sauteed or grilled, served with 2 sides at your choice.

Midsized Shrimp Cocktail

7 pc - With cocktail sauce and lemon.

Jumbo Shrimp Cocktail

4 pc - With cocktail sauce and lemon.

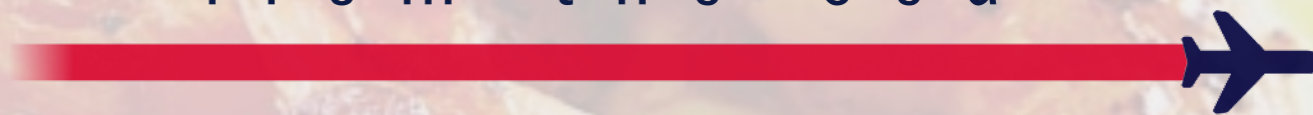
Fish Fillet

6 oz Fish - Served with rice, vegetables, dressing, sauce and bread.

Grilled Salmon

6 oz salmon - Served with rice, vegetables, dressing, sauce and bread.

f r o m t h e s e a



from the grill



ICS
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from the grill



Filet Mignon

New York

Rib Eye

Pork Chops

Served with 2 sides at your choice:

baked potato

smashed potatoes

asparagus

steamed mixed vegetables

rice





p o u l t r y



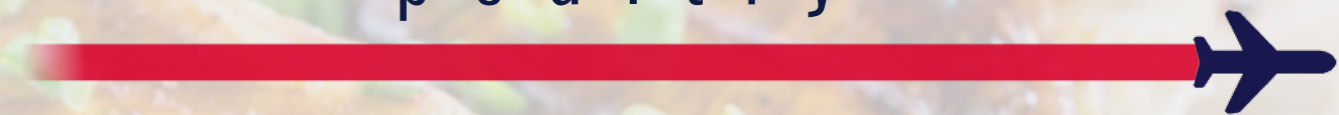
Chicken Breast

8 oz - Grilled chicken breast served with rice and vegetables or your choice side.

Fried Chicken

2 pc - Served with rice and cabbage or pasta salad.

p o u l t r y





p a s t a & p i z z a



pastas & pizza



Lasagna

10 oz

Penne Arrabiata

10 oz - Penne pasta, served with a lightly spicy red sauce.

Spaghetti, fettuccine or fusili

10 oz - Your choice of tomato or Alfredo sauce, pesto, or butter & cheese.

Pizza Medium (12 in)

Pizza Large (14 in)





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Caesar Salad

Lettuce, parmesan cheese, croutons and Caesar dressing.

Caesar Salad with Grilled Chicken

4 oz chicken - Lettuce, parmesan cheese, croutons and Caesar dressing.

Caesar Salad with Shrimp

4 oz Shrimp - Lettuce, parmesan cheese, croutons and Caesar dressing.

Green Salad

Mix of leafy vegetables such as lettuce varieties, spinach, arugula, etc.

With Chicken

With Shrimp

With Tuna With Salmon

Greek Salad

Romaine lettuce, whole cherry tomatoes, grape leaf, diced cucumber, olives, pepperoncini peppers, feta cheese, red and yellow pepper, lemon, grilled flatbread and vinaigrette dressing.

Cobb Salad

Lettuce, cheddar cheese, avocado, chicken, tomato, egg and bacon; served with blue cheese dressing.


Caprese Salad

Mozzarella cheese, organic tomato slices and pesto dressing.

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display trays





display trays

Assorted Finger Sandwiches

Choices: Turkey, roast beef, ham, grilled chicken, vegetarian, tuna or chicken salad; on whole wheat, white, rye bread or baguette. Includes a condiment tray with mustard, ketchup, pickles and peppers.

(1-2 pax) 2 sandwiches - 4 pcs

(3-4 pax) 4 sandwiches- 16 pcs

(5-8 pax) 8 sandwiches - 32 pcs

Imported Cheese and Crackers

Your choice of five cheese variety: goat , brie, camembert, cheddar, pepper jack, gouda or blue, served with crackers.

(1-2 pax) 8 oz cheese

(3-4 pax) 16 oz cheese

(5-8 pax) 32 oz cheese

Deli Meat

Your choice of: prosciutto, salami, roast beef, turkey, pastrami or ham.

(1-2 pax) 8 oz meat

(3-4 pax) 16 oz meat

(5-8 pax) 32 oz meat

Deli Meat and Cheese

Your choice combination of deli meat and cheese, served with crackers.

- Choices of cheese: goat , brie, camembert, cheddar, pepper jack, gouda or blue.

- Choices of meat: prosciutto, salami, roast beef, turkey, pastrami or ham.

(1-2 pax) 5 oz meat / 3 oz cheese

(3-4 pax) 10 oz meat / 6 oz cheese

(5-8 pax) 20 oz meat / 12 oz cheese

display trays



Crudites with dip

Cherry tomatoes, celery, cucumber, radish, carrots, yellow and red peppers, yellow squash, zucchini; served with dressing or dip.

(1-3 pax) 15 oz vegetables

(3-5 pax) 20 oz vegetables

(5-8 pax) 30 oz vegetables

Seasonal sliced fruit

Papaya, watermelon, pineapple, melon, kiwi, star fruit, grapes or berries.

(1-2 pax) 8 oz sliced fruit

(3-4 pax) 16 oz sliced fruit

(5-8 pax) 32 oz sliced fruit

Fruit Basket

4 pcs - Your choice of hand-size fruits: orange, banana, apple, peach, kiwi, plum or grapes.

Sea Food Combination

6 oz Lobster, 4 shrimps, 4 crab claws - Served with fish ceviche, chips and crackers.

Smoked Salmon

2 bagels / 8 oz Salmon – Served with eggs and onion.

Sandwich

Your choice of: ham, turkey, roast beef, tuna or chicken;
served with american or swiss cheese and chips.

Chips Order

4 oz

Red Sauce Order

4 oz

Guacamole Order

4 oz

Buffalo wings, chicken nuggets or tenders

8 oz, served with sauce, dressing, ketchup and mustard.

a p p e t i z e r s



Children's Menu



PB & J Sandwich

1 1/2 sandwich with jam and peanut butter.

Chicken Fingers

8 oz chicken - served with french fries and dressing.

Macaroni & Cheese

8 oz

d e s s e r t s



Slice of Cake

1 slice - Cheesecake, Carrot cake or Chocolate cake.

Assorted Deli Cookies

6 pc - Assorted deli cookies, garnished with berries and mint leaves.

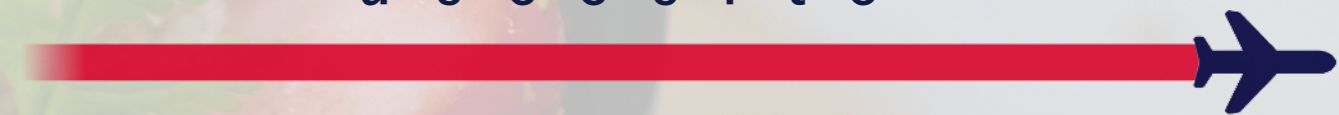
Mini Pastries

3 pc - Assorted desserts, at your choice.

Ice Cream

1 pint

d e s s e r t s





b e v e r a g e s

ICS
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b e v e r a g e s



Bottled water

34 oz

Orange Juice

34 oz / 17 oz

Soda

Can

Beer domestic or imported

Can

Milk

34 oz



UPON REQUEST

Champagne Bottle
Wine & Liquors

s p e c i a l



s e r v i c e s





iccs
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